



SCS
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SAFETY AND STAFFING

Safety:

- Satellite phones (with every hiking group) - contact with H.Q. in Suikerbossie.
- JOHN HAMELTON a Level 7 paramedic will be based at Suikerbossie Campsite and will be able to access all areas of the course when needed, a full paramedic outfit, including communications with all the necessary emergency services in the Western Cape.
- Table Mountain Club advise on hiking routes and schedules.
- Each of the bases has either direct access to telephone-lines or has direct cell phone contact.
- <http://www.netcarehospitals.co.za/Hospital/Netcare-Ceres-Hospital> 30 mins from base camp Kaleo.
- Citrusdal Hospital 40 minutes away from Suikerbossie Campsite.

Staffing:

- There will be 2 staff members with each group of 18 girls. Experience qualified hiking Guides will be present on all the overnight hikes. Each Base Camp will have staff members available; they will have been involved in setting up the bases' programmes and will have a thorough knowledge of the area.
- There will be a qualified hiking guide as well as SCS staff involved at the hiking base.
- Cycling is based at Kaleo Campsite and a mechanic will be on standby in Ceres.

Staff Responsibilities:

- Communications
- Community Program
- Cycling
- Hiking
- Vegetation Rehabilitation
- Outdoor Education
- Food
- Emergency Staff – John Hamelton
- Transport – to drive Buss.
- 4 x 4 Vehicle to access all areas.
- Staff will accompany the groups on their journey

